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association  
**BIONet**

Association BIO Network (Network for Life) is a non-profit association formed by three business companies. BIO NETWORK actively works for the creation of public attitudes and policies on healthy and natural way of life, family values and protection of the environment, especially in areas with higher urban pressures.



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*Motto: The life is priceless!*

- Promotes prevention of common diseases associated with harmful locomotion activities and eating habits;
- Supports people and organizations to reach balance and harmony with the nature on our planet;
- Organizes meetings, conferences, information days, presentations and festivals.

BioNet is an institutional organization opened for everyone who is ready to approve life as priceless gift.



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## Own projects:

**National family campaign** for active and healthy life *“Bulgaria plays”*.

Aim - to unite families and remind them to find free time to be together - typical Bulgarian retro games.

The initiative was carried out in the Sea Garden in Varna – in 2015 and 2016. 600 people from 280 different families.



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**Project „The table of my family“** – in partnership with producers of healthy food and future young chefs, who are finishing the Tourism Vocational school in Varna. We organize funny and interesting presentations of healthy receipts – we attract families to cook together during events for healthy life.





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## ***Projects for BioNet, financed by public instruments:***

**Culinary neighbourhood** – project financed by Interreg –  
IPA CBC – Bulgaria –Turkey partnership

Training for the restaurant owners and tourist agencies:

Culinary festivals in Bulgaria and Turkey;

Movie – presenting parts of the festivals, expert comments;

A Culinary book with Bulgarian and Turkish recipes „What do you put in it  
dzhanyam?“





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## *Plant Kapana*

**Plovdiv is the European Capital of culture 2019. Aim – to show how fast and easy everybody can become an artist while taking care of his own health and growing food on his own. Developing garden skills in urban environment which helps for its aesthetic vision.**

**Public demonstrations of growing plants on balconies, roofs and outer walls.**







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## *What do we plan?*

New initiatives related to health and body activity:

- “Bulgaria plays” to have issues in other cities every year.
- We are working on a project to work with families and to teach them not to throw out food – to plan how much food to buy, what food, how to keep it fresh, how to cook it right and recycle after it.
- We start initiatives for preventing children`s spine curvature disorder.
- We would like to create a Bio nest – social enterprise for women over 55 years, unemployed, will work temporarily until they find a job.



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